












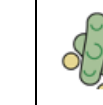

Gluten	Lupin	Celery	Mustard	Eggs	Dairy	Fish	Crustaceans	Molluscs	Peanuts	Other Nuts	Sesame	Sulphites	Soya

STARTERS

PATE OF THE DAY	GFO												
HAM HOCK TERRINE	GFO												
DEEP FRIED BREADED BRIE													
ANCHOVIES ON SURDOUGH													
SCALLOPS & BLACK PUDDING													
VEAL LIVER													
SOUP OF THE DAY													

Red = DOES Contain / Amber = MAY Contain. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination.

Cooking equipment (e.g. fryers, grills etc) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information.















													
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SANDWICHES

SMOKED LOCH DUART SALMON	GFO													
BAKED HAM	GFO													
CUMBERLAND FARMHOUSE CHEDDAR	GFO													
PRAWN & MARIE ROSE SAUCE	GFO													
CHIP BUTTY	GFO													
PORK BELLY & BLACK PUDDING	GFO													
SPICED HALLOUMI	GFO													
BRIE & PARMA HAM	GFO													
FISH FINGER	GFO													
STIR FRY BEEF	GFO													

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SALADS

CHICKEN CAESAR	Red				Red	Red	Red							
BEETROOT & GOATS CHEESE						Red					Red			
BREAKFAST SALAD	Red		Red		Red									
DUCK SALAD	Red		Amber								Red			Red

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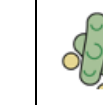
													
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BURGERS

BEEF LAKES BURGER	GFO												
LAMB LAKES BURGER	GFO												
ZERO BULL BURGER	GFO												








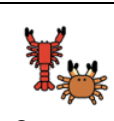
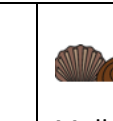

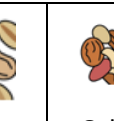



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MAINS															
FISH & CHIPS	Red				Red	Red	Red								
STEAK IN PATTED'ALE PIE	Red		Red	Red	Red	Red	Red				Amber		Red	Amber	
CUMBERLAND SAUSAGE	Red		Amber	Red	Amber	Red									Amber
VENISON STEW	Red		Amber	Amber	Amber	Amber									Amber
LAMB SHANK			Amber	Amber	Amber	Red									Amber
WHOLE PLAICE						Red	Red				Red				
GAMMON STEAK					Red										
SEA TROUT						Red	Red	Red							
CHICKEN SUPREME	Amber		Amber			Red								Red	
PAN FRIED COD						Red	Red	Red							
BLADE OF BEEF			Red	Amber	Amber	Red								Red	Amber
SUNDAY ROASTS	GFO		Amber		Red	Red								Red	
MUSHROOM WELLINGTON	Red		Red	Red	Red	Red				Amber	Amber				Red







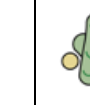
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THE GRILL														
SIRLON														
RIBEYE														
FILLET														
PORK CHOP														
BREAST OF CHICKEN														
LAMB CHOP														
MUSHROOM SAUCE			Amber	Amber	Amber	Red								Amber
PEPPERCORN SAUCE			Amber	Amber	Amber	Red								Amber
RED WINE SAUCE			Amber	Amber									Red	Amber
BLUE CHEESE SAUCE			Amber	Amber	Amber	Red								Amber

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SIDE ORDERS

CHIPS														
FRIES														
MASHED POTATO														
GARLIC MUSHROOMS														
SIDE SALAD														
VEGETABLES														
ONION RINGS														

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KIDS MENU

SOUP OF THE DAY	GFO												
GARLIC CIABATTA													
GARLIC CIABATTA WITH CHEESE													
PORK SAUSAGES													
LINGUINE PASTA													
BATTERED COD													
BEEF BURGER	GFO												
RUMP STEAK													
ICE CREAM	GFO												
CHOCOLATE FUDGE CAKE													
PANCAKES													
WAFFLES													

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PUDDINGS

CRUMBLE OF THE DAY	GFO IF AVAIL													
STICKY TOFFEE PUDDING														
ICE CREAM SUNDAE	GFO													
CHOC CHIP CHEESECAKE														
SALTED CARAMEL CHEESECAKE														
LEMON & BLUEBERRY CHEESECAKE														
VANILLA CHEESECAKE														
CHOCOLATE BROWNIE														
BREAD & BUTTER PUDDING														
ETON MESS														
CHERRY & ALMOND BAKEWELL														

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BREAKFAST

SAUSAGE SANDWICH	Red												Red	
BACON SANDWICH	Red												Red	
CRUMPETS	Red				Red	Red								Red
PORRIDGE OATS	Red					Red								
PANCAKES	Red				Red	Red							Red	Red
SALMON & SCRAMBLED EGG	GFO				Red	Red	Red							
FULL LAKELAND BREAKST	Red		Red		Red	Amber								Amber
VEGGIE BREAKFAST	Red				Red	Amber							Amber	Red
EGGS BENEDICT	Red				Red	Red								
THREE EGG OMLET					Red	Red								
EGGS ANY STYLE					Red	Amber	SCRAMBLED							

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