

Sandwiches

Served 12pm to 3pm

Cold Sandwiches

On hand cut Cumbrian Artisan bread. Served with crisps, salad & coleslaw (GFO)

Smoked Loch Duart Salmon £9.75

with creamed horseradish, caper & red onion salsa 899kcal

Baked Ham £9.75

with tomato & wholegrain mustard 955kcal

Cumberland Farmhouse Cheddar £9.75

with Westmorland Chutney (V) 921kcal

Hot Sandwiches

On large soft white floured baps. Served with salad, coleslaw & skinny fries

Pork Belly & Black Pudding £11.75

served with mixed salad, apple & mustard mayo 1948kcal

Spiced Halloumi £11.75

with roasted red peppers & chilli mayo (GFO, V) 1228kcal

Fish Finger (ale battered cod) £11.75

with tartar sauce 1189kcal

Stir Fried Strips of Beef £11.75

with caramelized onions & horseradish sauce (GFO) 1334 kcal

Adults need around 2000 kcal a day